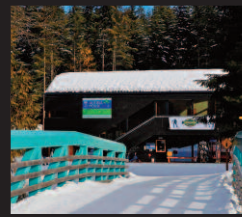


Lessons

cross country connection

2016-2017



Discover Classic \$99

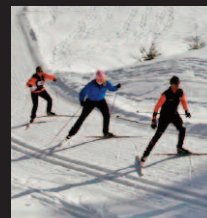
Every new skier should take this lesson. Learn how to get moving, climb and stop with classic technique. A great way to build your confidence! Family rate \$198.

Snowshoes

Create your own experience exploring 13 km of designated trails.

Ready to Skate \$99

Ideal for confident skiers. Learn fundamentals of skate technique including body position and balance, then develop your rhythm and control. Family rate \$198.



All Lessons are taught by certified CANSI instructors and run from our shop at **Lost Lake PassivHaus**.

Lessons are 75 minutes long starting at 10 AM, 12 Noon and 2 PM and include trail pass and equipment rental. Advance booking is recommended.

Prices: CDN \$, subject to applicable taxes. "Family" is adults with juniors (18 and under), same household.

The Private \$139

The optimum format for personal attention and effective learning. The focus is on your needs, advancing at your pace in either classic or skate technique.

Rentals Lessons



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