

# **Cross Country Connection Volunteer Trail Host Program 2012-2013**

Thanks for your interest in this program. As a Volunteer Trail Host, you will be an integral part of the Lost Lake Park Nordic delivery team which includes the RMOW and Cross Country Connection.

If you are interested in a position, you can send a resume via email to volunteer@crosscountryconnection.ca

You will be providing information & assistance to guests, validating passes, ensuring safety, and minor trail maintenance.

You will be required to commit to a 2 or 4-hr shift per week. In return you will receive a Lost Lake XC season's pass and/or a Meadow Park Sports Centre Pass.

Trail Hosts 2hr or 4hr shift options are 9am, 11am, 1pm, 3pm, and 5pm (Mondays at PassivHaus only).

Trail Hosts have the option of starting & finishing their shift at Mons, where you will assist with operation of the ticket booth, selling cross country and snow shoe tickets. These volunteers must have their own ski/snowshoe gear and a cell phone (604) area code.

## **Commitment:**

- Be available to start December 8th, 2012 or when the trails are ready to open.
- One prescheduled 2hr or 4hr shift per week
- Choose a shift you can commit to all season (usually 14-16 weeks).
- Ensure shift coverage through shift trading with fellow Trail Hosts.
- Attend a mandatory training session Thurs Nov 29th 6pm-8pm PasssivHaus.
  Soup included.

## **Duties:**

- Validate cross country ski passes & snowshoe passes.
- Selling ski & snowshoe tickets (Mons location).
- Provide information & assistance to skiers & snow shoers.
- Redirect non ticket/pass holders to appropriate alternatives.
- Assist in maintaining a safe & fun trail system.
- Assist Ski Patrol/Trail Crew with first aid situations & minor trail maintenance.

### **Requirements:**

- Have good knowledge of the Lost Lake Cross Country Ski & Snowshoe trails.
- Have good knowledge of the Valley Trail System and surrounding neighborhoods.
- Have strong communication skills and a desire to provide assistance/information to guests.
- Be a team player who can also work independently.
- Be active, enjoy being outdoors, and love to cross country ski.

## **Benefits:**

- A Lost Lake XC Season's pass (2hr shift) and/or MPSC pass or a Family XC Season's pass (4hr shift).
- Complimentary seasonal equipment rental from Cross Country Connection.
- Trail Host evening technique sessions.
- An opportunity to enjoy Lost Lake Park in winter.